

Worksheet: Actions for Your Team


Reflect on a current **team** situation or challenge that you are facing. It does not have to be negative, but something that is challenging you (e.g., restructure; team performance issues; communication challenges; a goal of wanting to improve teamwork; a goal of wanting to improve outcomes, but not clear how to do it; etc.). Answer the following questions:

Describe the situation in detail:

What impact is this having on the team?

What actions, if any, have you taken? What has been the outcome?

Issue or Challenge



Strategies

Actions

Strategies for Teaming

Speaking up

Collaboration

Experimentation

Reflection

Effective Teamwork

Build trust

Embrace conflict

Secure commitment

Foster accountability

Creating High Performing Teams Development Plan

Considering what you have learned today, what **three** concepts, tools, or skills stick out the most? Why does each one appeal to you? Describe...

1.

2.

3.

Of these three, choose **one** that you commit yourself to developing into a real strength. How will developing this into a strength help you in your future conversations and relationships?

New Habit(s) I Will Develop:

Developing this into a strength will help me in the following ways:

Actions: What specific actions will you take? How will you practice? How will you get feedback? How will you get support? The more specific you are the more helpful it will be.

What are specific actions I can take?	How will I assess my progress?
How will I maintain my focus?	Who will be my support network?